

All Mouthguards Are NOT Created Equal

Store-bought, stock, and boil-and-bite mouthguards are less durable, do not fit well, and do not provide the best protection against oral injuries and concussions. Only a custom mouthguard from your dentist provides adequate protection for your most valuable assets.

PROTECTS THE JAW JOINT

Custom mouthguards **spread and absorb the impact** that may otherwise result in a major injury to the delicate jaw joint (TMJ).

PROTECTS TEETH

A blow to the mouth can result in chipped, broken, and knocked-out teeth. A custom mouthguard offers the **best protection.**

PROTECTS SOFT TISSUES

Custom mouthguards can **minimize and prevent soft tissue injuries** like lacerations, bruised lips, cheeks, and gums.

IMPROVES COMMUNICATION & PERFORMANCE

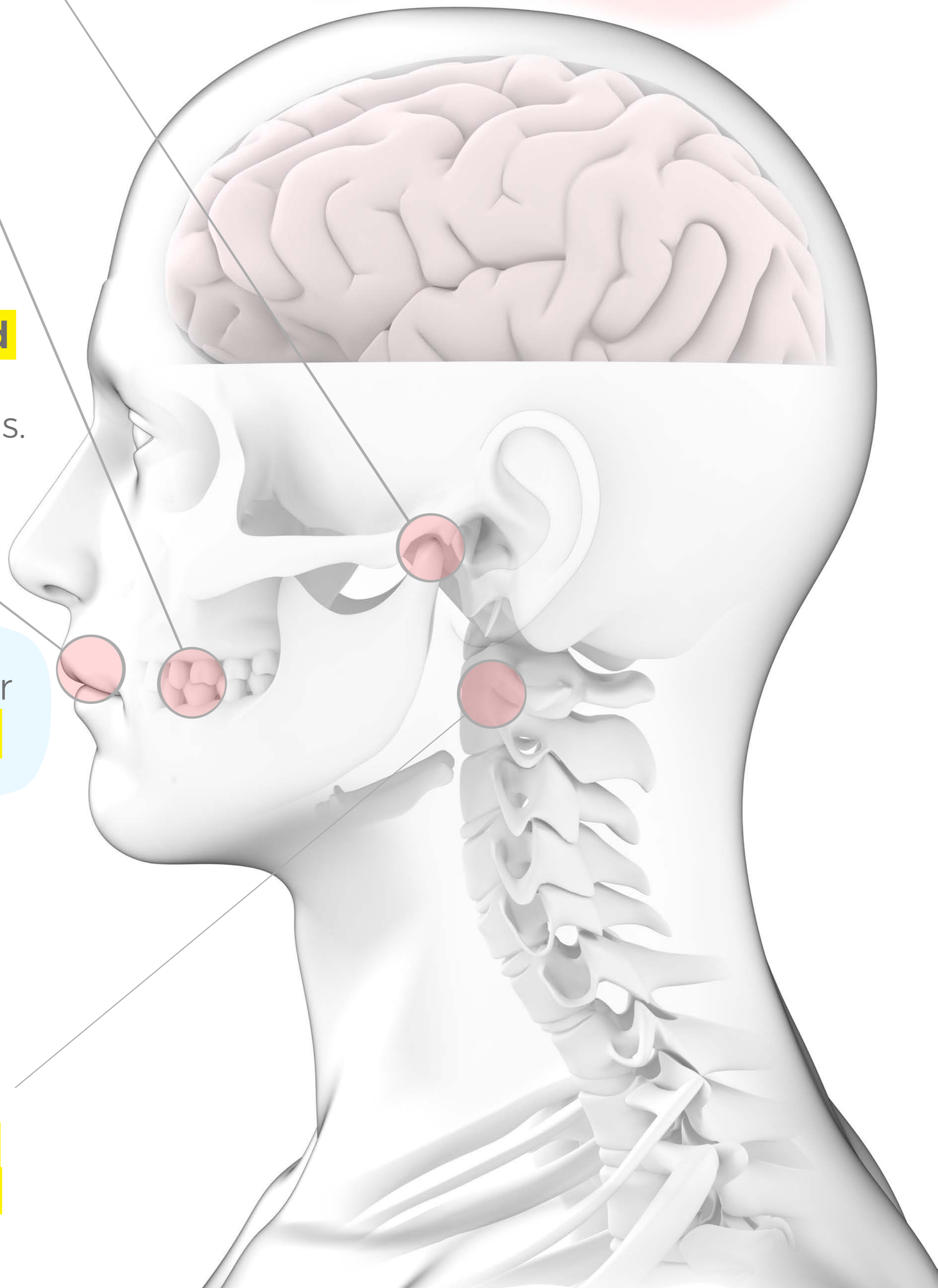
The fit of a custom mouthguard allows for **clearer communication, unobstructed breathing,** and can even **increase response time** and **improve balance.**

PREVENTS HEAD & NECK INJURIES

A high impact to the head or jaw can cause serious, even life-threatening injuries. Custom mouthguards **reduce the G-force impact** to **lower the risk of jaw dislodgement and neck trauma.**

MAY REDUCE RISK OF CONCUSSION

By creating space in the jaw joint, the jaw bone is prevented from slamming into the skull and creating shock waves to the brain. Studies have shown custom mouthguards **may reduce the risk of concussion by 50%.**



SOURCES:

<https://www.dentalcare.com/en-us/professional-education/ce-courses/ce127/overview>
<http://www.deardocor.com/articles/athletic-mouthguards/index.php>
<https://gladiatorguards.com/three-facts-about-custom-mouthguards-you-need-to-know/>